



formation is for everyone

AND NOT JUST ON SUNDAYS



resources

TO SPICE UP YOUR INDIVIDUAL, FAMILY,
AND CONGREGATIONAL LIFE

seasonal devotions

WHETHER IT'S DAY BY DAY OR WEEK BY
WEEK OR MAYBE A LITTLE MORE
SPORADIC,

SPIRITUAL PRACTICES DURING OUR
LITURGICAL SEASONS CAN PROVIDE SOME
STRUCTURE, GROUNDING,

AND MAYBE EVEN A DEEPER
RELATIONSHIP WITH GOD, SELF AND
OTHERS!

the Salt project
storymakers
illustrated ministry.
vibrant church communications
a sanctified art
the liturgist
mockingbird ministries

praying with the saints

HOLD EACH DOLL. READ THEIR STORY.
PRAYER THEIR PRAYERS.

HOW DOES THEIR LIFE RESONATE WITH
YOURS?

HOW DOES IT FEEL TO LEARN ABOUT
THEM?

WHAT EMOTIONS COME TO YOU AS YOU
HOLD, READ, THINK, PRAY?



where I got mine

search for "stuffed saints" on etsy.

Forward Movement has info on saints



using your hands

AND ALL YOUR SENSES

origami star prayer

IT'S STILL THE SEASON AFTER EPIPHANY...

THINK OF SOMEONE YOU SAW SO FAR AT
CONVOCATION. SOMEONE YOU DON'T EVEN
KNOW, WHO MAY HAVE CAUGHT YOUR EYE

(A STAFF MEMBER? A CHILD? SOMEONE
YOU'VE SEEN BEFORE BUT NEVER MET?)

PRAY FOR THEM WHILE YOU FOLD A STAR.

BE BRAVE AND FIND THEM LATER. GIVE
THEM THE STAR AND GET TO KNOW THEM!

(YOU CAN BLAME IT ON ME. IT'S AN
ASSIGNMENT FROM A WORKSHOP)



EASY ORIGAMI STAR

How to Make an Easy 5 Point Origami Star!

If you need a quick and pretty paper star, you can learn how to make one using one square sheet of paper with this quick & easy photo tutorial!

salt dough

2 parts flour
1 part salt
1 part water

YOU ARE THE SALT OF THE EARTH.

USE YOUR HANDS TO MIX, STIR, SQUEEZE,
AND FEEL.

PRAY-- MAYBE IT'S BY ZONING OUT,
CLOSING YOUR EYES, USING ALL 5 SENSES.

LEAVE YOUR CREATION ON THE TABLE,
SQUISH IT BACK INTO THE MASS, OR TAKE
IT WITH YOU. (IT WILL HARDEN SOON)



finger labyrinth



A Guided Flute and Finger Labyrinth Meditation - Finding Stillness with God

It is humid and hot in Dallas these days, and while
Retreat House Spirituality Center is honored to hos...

 Retreat House / Jul 8, 2021

A background of soft, blended red and pink watercolor washes, creating a textured, ethereal feel.

ordinary liturgies

EVERY MOMENT CAN BE SACRED

a sacramental life

AN OUTWARD AND VISIBLE SIGN OF INWARD
AND SPIRITUAL GRACE

COMMUNION, BAPTISM, ETC.

BUT ALSO MAYBE DIAPER CHANGES?
CHOPPING ONIONS?
GETTING A DRIVER'S LICENSE?

WHAT ELSE CAN BE A SIGN OF GOD'S GRACE?

Heavenly Father,
in such menial moments as this—
the changing of a diaper—
I would remember this truth:
My unseen labors are not lost,
for it is these repeated acts of small sacrifice that—
like bright, ragged patches—
are slowly being sewn into a quilt of
lovingkindness that swaddles this child.

A LITURGY FOR
**Changing
Diapers I**

FROM THE BOOK
EVERY MOMENT HOLY
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DOUGLAS MCKELVEY

I am not just changing a diaper.
By love and service
I am tending a budding heart that,
rooted early in such grace-filled devotion,
might one day be more readily-inclined
to bow to your compassionate conviction—
knowing itself then as both a receptacle
and a reservoir of heavenly grace.

So this little act of diapering,
though in form sometimes felt
as base drudgery—might be
better described as one of ten thousand acts
by which I am actively creating
compassionate service and self-love to
the life of this family and this beloved church.

So take this unremarkable act of necessary
service, O Christ, and in your economy
let it be multiplied into
that greater outworking of worship and of faith,
a true investment in the incremental
advance of your kingdom across generations.

Open my eyes that I might see this act
for what it is from the fixed vantage of eternity, O Lord—
how the changing of a diaper might
sit upstream of the changing of a heart;
how the changing of a heart might
sit upstream of the changing of the world.

Amen.

FOR MORE INFORMATION
ABOUT THIS LITURGY VISIT:
WWW.EVERYMOMENTHOLY.COM

A LITURGY FOR THE

Hurried Preparation of a Meal

Lord, I have little time
to build this meal,
but I would still make of it
a holy offering.

Let me work into these
rapid preparations a care
and a kindness for those
who will partake.

Even in our common haste,
may this meal serve as a
quintessence of your grace,
reminding us to be ever thankful.

Let those who share this food
embrace the fellowship of the moment,
knowing that even in their
comings and their goings, they
are nurtured and loved.

Grant also, O Lord, that we,
at other times in our busy lives,
might make ample margin for more
unhurried meals, and for a more
leisurely fellowship.

Amen.

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FOR MORE INFORMATION ABOUT THIS LITURGY, VISIT:
WWW.EVERYMOMENTHOLY.COM

every moment holy
rabbit room press

VII: RECREATION

IV: THE SELF

- For before hitting the dance floor /120*
- For before watching a rom-com /120*
- For before watching trash TV /121*
- For before journaling /121*
- For before playing Ultimate /122*
- For before opening up BuzzFeed /122*
- For VeggieTales kids /123*
- For before walking into the mall /123*
- For selecting a new show to watch /124*
- For Disney Channel kids /124*
- For Pixar fans /125*
- For before eating Krispy Kreme /125*
- For when one's team is struggling /126*
- For before an online humble brag /126*
- For before cracking open a good book /128*
- For before hooping /128*
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terry stokes
Prayers for the People
@prayersfromterry.

VIII: MUSIC

- For after discovering a new band or artist /134*
- For when a song is stuck in one's head /134*
- For a band breakup /135*
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- For before listening to Josh Garrels /135*
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- For before listening to Hawk Nelson /137*
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- For when one needs to flex on the devil after overcoming /58*
- For when one walks out the door looking fly /58*
- For when something throws off one's attention /66*
- For when one is receiving unwanted male attention /66*
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- For the moment of anger or frustration /67*
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- For adulting /71*
- For cultural humility /72*



prayers

TRY SOMETHING CRAZY

play and pray with bubbles

BREATHE IN. THINK ABOUT WHAT OR WHO
YOU WANT TO PRAY FOR

BLOW A BUBBLE. OFFER THAT AS PRAYER

WATCH THE BUBBLES FLOAT UP

AND AS THEY BURST THINK OF THEM AS
PRAYERS BEING RELEASED AND RECEIVED BY
GOD

...OR JUST HAVE FUN. .

weaving it all together

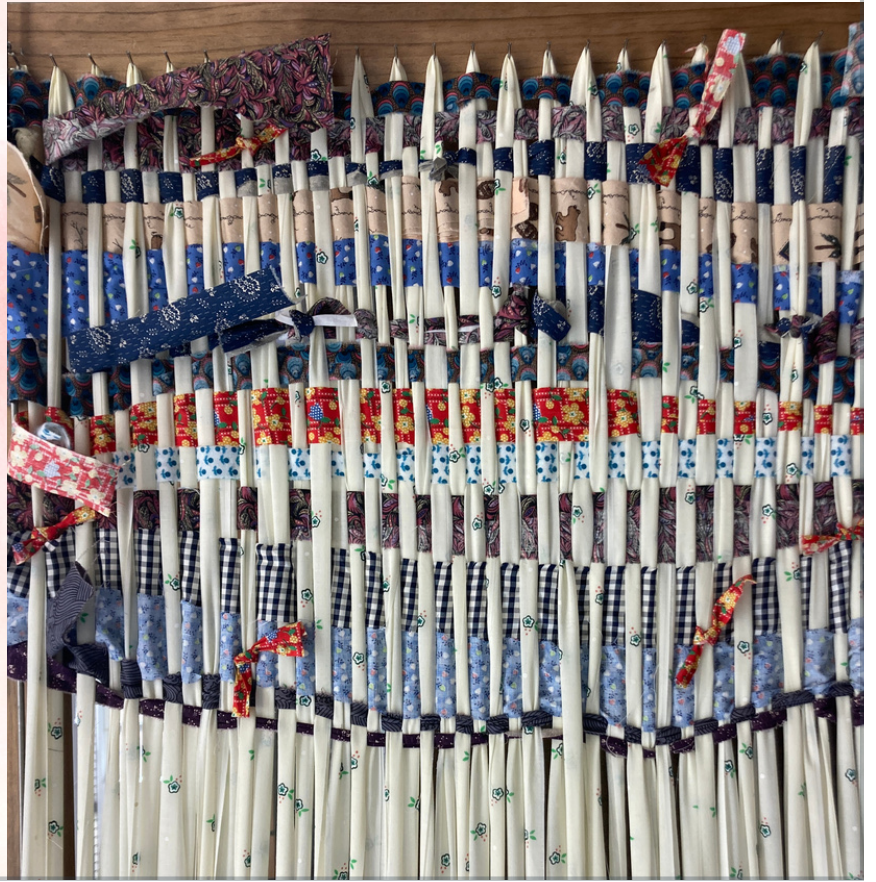
PRAY WITH YOUR HANDS
CREATE A VISUAL REPRESENTATION OF OUR
CONVERSATIONS WITH GOD.

WEAVING TOGETHER PRAYERS WITH OTHERS
(IN COMMUNITY) REMINDS US HOW OUR
LIVES AND LONGINGS ARE KNIT TOGETHER IN
GOD.

PICK A STRIP OF FABRIC
WEAVE: UNDER/OVER/UNDER/OVER
(TUCK THE ENDS IN, OR WEAVE THEM
BACKWARD)

prayer weaving

prayer loom



madlibs collect

A COLLECT IS A PRAYER MEANT TO GATHER ("COLLECT") THE INTENTIONS OF THE PEOPLE AND THE FOCUS OF WORSHIP

THEY MORE OR LESS FIT A PATTERN FROM THE FIRST BOOK OF COMMON PRAYER (1549).

WRITE ONE OF THE ELEMENTS OF THE COLLECT ON A CARD AND TAPE IT TO THE POSTER.

- 1.ADDRESS TO GOD
- 2.ATTRIBUTION (THAT SAYS SOMETHING ABOUT GOD)
- 3.PETITION/REQUEST
- 4.RESULT/VISION
- 5.CLOSING

like this...

address to god:

ALMIGHTY GOD

attribution:

TO YOU ALL HEARTS ARE OPEN, ALL DESIRES
KNOWN, AND FROM YOU NO SECRETS ARE HID:

petition:

CLEANSE THE THOUGHTS OF OUR HEARTS BY
THE INSPIRATION OF YOUR HOLY SPIRIT,

result:

THAT WE MAY PERFECTLY LOVE YOU, AND
WORTHILY MAGNIFY YOUR HOLY NAME;

closing:

THROUGH CHRIST OUR LORD.

AMEN.

children's books (not just for children!)

the list is on amazon, but the books are available at your local bookstore (they can order what they don't carry in stock), used book websites, and bookshop.org!



God Got a Dog

Newbery Medalist Cynthia Rylant and two-time Caldecott Honoree Marla Frazee imagine a God living among us in this...

 SimonSchuster

